



Presentation
of
Certificates and Awards
by
Her Majesty's Lord-Lieutenant
of
Tyne and Wear
Mrs S Winfield OBE

21st March 2017

HMS CALLIOPE
South Shore Road
Gateshead

LIEUTENANT P J LADISLAUS – HMS CALLIOPE

A Gibraltarian by birth, Lt Paul Ladislaus joined the active list of the Royal Naval Reserve in 1997 having previously served in No 2 Gibraltar Squadron Air Training Corps and in Cambridge University Royal Navy Unit. He is currently serving as a Lieutenant in the Maritime Trade Operations branch and is based at HMS CALLIOPE in Gateshead.

In his civilian life Lt Ladislaus works in the Chemicals Industry and is responsible for a team of experienced technicians, conducting research, development and the operation of a chemical facility that produces nanomaterials, including graphene and carbon nanotubes.

Lt Ladislaus has made a significant contribution to the effectiveness of the unit, over a number of years, as well as enthusiastically fulfilling his training and operational obligations as an MTO officer both at home and abroad. From 2015, over and above his day to day responsibilities Lt Ladislaus volunteered to act as Unit Media Officer, leading the media and public relations effort associated with HMS CALLIOPE's recently completed £3.1m refurbishment. Although an MTO officer by trade he quickly and enthusiastically took on this additional time-consuming responsibility, maximising the unit's exposure in local and national media and earning unreserved plaudits from senior figures in the Royal Navy's media operations specialisation.

For his dedicated service and unstinting efforts in raising the profile of the Maritime Reserves in the north east, Lieutenant Ladislaus is awarded the Lord Lieutenant's Certificate for Meritorious Service.

LEADING LOGISTICIAN D PATEL – HMS CALLIOPE

Leading Logistician Dipty Patel joined the Royal Naval Reserve in 2009 and is currently serving in HMS CALLIOPE.

In her civilian life Leading Logs. Patel is employed by Northumberland, Tyne & Wear NHS Foundation Trust. Specialising in mental health she works as a Community Rehabilitation Service Team Manager where she leads a team of dedicated specialists who care for patients using rehabilitative approaches in a community setting.

Having quickly mastered the basics of her chosen branch she has consistently performed to the very highest standards and was quickly advanced to Leading Hand in recognition of her technical knowledge and abilities as a leader. In addition to her branch responsibilities she has been instrumental in the effective mentoring of new recruits and has been relentless in her support of the unit's recruiting effort. As well as attending outreach and recruiting events, she has also helped shape the unit's recruiting strategy and has provided invaluable support to the unit's Recruiting Officer. It is no exaggeration to say that she has played a major role in the sustained growth of HMS CALLIOPE's ship's company.

Patel has been unstinting in her commitment to HMS CALLIOPE. In particular she has played a significant role in the growth of the unit and for her contribution and effectiveness over the course of her career to date, Leading Logs. Dipty Patel is awarded the Lord Lieutenant's Certificate for Meritorious Service.

****NOT ATTENDING****

MRS C HALL – THE QUEEN’S OWN YEOMANRY

Mrs Hall is employed the Administration Officer (AO) for Command and Support Squadron ((Northumberland Hussars) (C&S Sqn)), The Queen’s Own Yeomanry (QOY), based in Fenham Barracks, Newcastle Upon Tyne. Mrs Hall has served as an AO with the QOY since 1988.

Mrs Hall is a tremendously diligent administrator, often working beyond her contracted hours to support our soldiers, from answering questions and resolving pay issues, to identifying suitable career courses and rescheduling previously booked ones. Recent changes to the Regimental establishment mean she is now supporting a greater number of reserve soldiers with no additional support. Mrs Hall has done this without complaint or a reduction in productivity. Her professional conduct is always of the highest standard, this results in routine reports, returns and pay processing being completed on time and in a very accurate manner.

Mrs Hall is always willing to go the extra mile in order to support the administrative needs of the Squadron’s soldiers. She is quiet but approachable and her efficacy and depth of knowledge is both recognised and appreciated throughout the Squadron and Regimental Headquarters.

Mrs Hall is greatly respected by all members of the Squadron. We consider ourselves lucky to be supported by her.

For her selfless commitment to supporting reserve soldiers, in an ever changing environment, in Command and Support Squadron The Queen’s Own Yeomanry, Mrs Hall is awarded the Lord Lieutenant’s Certificate for Meritorious Service.

****NOT ATTENDING****

STAFF SERGEANT C EDGAR – 101ST (NORTHUMBRIAN) REGIMENT, ROYAL ARTILLERY

SSgt Edgar enlisted into the reserve forces with RMR Tyne in Aug 1986 then transferred into HQ Bty of 101 Regt in 1995. Joining the weapon locating (RADAR) Troop and qualified as a Radar operator and regimental signaller .

SSgt Edgar was the first member of 101 Regt RA to Deploy on Operations, when after a rigorous process he was selected to serve in Bosnia with the Allied Military Intelligence Battalion.

Upon his return from Bosnia SSgt Edgar was posted to 204 (Tyneside Scottish) Battery, based at Kingston Park. During the following year, SSgt Edgar gained additional career and specialist qualifications as a LCMR Operator, supplemented by qualifications in Defence Instructional Techniques. In September 2004 he volunteered to deploy to Iraq, as a Weapon Locating Detachment commander.

In 2009 SSgt Edgar volunteered to be posted to Army Training Unit (North East), where he trained and nurtured recruits through their basic training. He returned to 204 Bty, where he completed the All Arms Stores courses before taking up the appointment of Reserve Battery Quartermaster Sergeant on promotion to SSgt, in Dec 2014.

SSgt Edgar now serves on a contract as the senior recruiter in 204 Bty. His energy and innovation proving key elements towards healthy sub unit recruiting statistics. He is an extremely smart, fit and highly committed soldier. Self-motivated, he involves himself in activities across the entire spectrum of unit and sub unit life. Throughout his reservist career SSgt Edgar has displayed the highest levels of drive, determination and enthusiasm with an innate ability to 'think on the run', leading by example and conducting himself impeccably. He is regarded highly by all ranks as an experienced, conscientious and dependable SNCO who can be relied upon to the utmost, at all times.

His first class soldiering record, his dedication to all duties in support of his Regiment and his long standing commitment to the Army Reserve are such that he is awarded a Lord Lieutenant Certificate.

MRS S CURRY – 101ST (NORTHUMBRIAN) REGIMENT, ROYAL ARTILLERY

Mrs Sheila Curry joined the Ministry of Defence Civil Service in 1988 as a clerk with Regimental Headquarters, 101st (Northumbrian) Regiment Royal Artillery (Volunteers), then based in Gosforth. In 1994 after a Regimental reshuffle Mrs Curry was moved to 203 Bty in Blyth as the Battery Administrative Officer, 5 years later in 1999, after another reorganisation of the Territorial Army, Mrs Curry was moved as the Administrative Officer to 204 Battery at Kingston Park the position she still holds to this day. During this turbulent period she was tested to the full, proving to be an extremely capable administrator and was instrumental in helping the Regiment deliver its operational output.

These past 28 years have seen much change in her workplace, especially with the development of Information Management systems that include DII and JPA. To gain competence with these distinctly separate systems takes both aptitude and positive attitude, personal qualities Mrs Curry has in abundance and which enabled her to become proficient with them all in remarkably short time.

Over the years, the Regiment has been affected by drawdown and changing roles – on each of these occasions her position was subject to review. Her loyalty to the Regiment and the services she provided to its personnel has never wavered and endures to this day.

It is for such selfless commitment, professionalism and loyal service to the Regiment for over 28 years that she is recommended as a most worthy recipient of the Lord Lieutenant's Certificate.

SAPPER P J TURNBULL – 21 ENGINEER REGIMENT

Sapper Peter Turnbull is currently serving in 103 (Tyne Electrical Engineers) Field Squadron, based in Debdon Gardens. He has accumulated a total of 12 years' service as a reservist, in separate periods dating back to June 1994.

Sapper Turnbull's dedication to public service extends to his regular employment as a Police Constable in Northumbria. Since joining in April 2009, he has worked tirelessly to support the local community, in both uniformed and plain clothed roles. His skills also led to him deploying to the 2011 London Riots, 2012 Olympic Games and 2014 Commonwealth Games.

Sapper Turnbull is an outstanding soldier, indistinguishable in quality from his regular counterparts. Despite twice being part of units which were disbanded, he has remained committed to the Army Reserve and served as a combat engineer, infantry and plant operator. Most notably, he has been a passionate fund raiser for military and medical charities, including the Army Benevolent Fund, Help for Heroes and the British Heart Foundation.

In 2016 to mark 'Sapper 300', the 300th Anniversary of the Corps of Royal Engineers, he has undertaken a series of gruelling physical challenges which have added up to 300miles. This has included: the Commando Speed March, Kielder 50k ultra marathon, Sunderland half marathon, Ingram Trail 50 mile ultramarathon, Hadrian's Cycleway, Lakes in a day 50 mile ultramarathon and the US Marine Corps Base Hawaii 5k; the latter which he completed on his honeymoon!

Not only have these efforts raised a significant amount of money, but they have also encouraged other members of the Squadron to take part in their own charitable endeavours, and get fit.

For his dedicated service over and above what would normally be expected for his rank, Sapper Turnbull is awarded a Lord Lieutenant's Certificate for Meritorious Service.

CORPORAL J-P BINKS – 5TH BATTALION, THE ROYAL REGIMENT OF FUSILIERS

Corporal Binks first enlisted in 2007 into 5RRF as a Rifleman. He has served over 9 years and is now a Platoon Sergeant in X Company, commanding 32 soldiers.

He is currently employment is on a contract as a Recruiter at St Georges Army Reserve Centre.

Throughout his service he has attended 7 Annual Camps and has seen service in the UK, Germany, Cyprus, Australia, Kenya, Croatia and the Middle East. He completed OP Herrick 10 (Afghanistan) in 2009 with 5RRF and Herrick 15 in 2013 with the Mercian Regiment.

Corporal Binks is a thoroughly professional, loyal and dedicated soldier; and With his diligence, enthusiasm and people skills he has continued to excel be it in barracks or in field conditions.

Corporal Binks continues to make a significant contribution in the highest traditions of the Reserve Army, for which he is awarded the Lord Lieutenant's Certificate for Meritorious Service.

CORPORAL A P CHAMBERS – 5TH BATTALION, THE ROYAL REGIMENT OF FUSILIERS

Corporal Chambers first enlisted in 1998 joining 5RRF. He has served in 5RRF for 18 years and is an acting platoon and section commander within in X Company at St Georges Army Reserve Centre.

He is currently employed and works full time for FG Trailers in Jarrow.

Throughout his service he has attended 9 Annual Camps and has seen service in the UK, Germany, Cyprus, Kenya, Moldova, and the Middle East. He completed OP Telic 2 in 2003 as part of the Tyne Tees Regiment and Herrick 10 in 2009 with 5RRF.

He is a thoroughly professional, loyal and dedicated soldier, and with his diligence, enthusiasm and people skills he has continued to excel, be it in barracks or in field conditions.

He is an active team member of X company and is highly respected by his superiors and peers alike and he continues to make a significant contribution in the highest traditions of the Reserve Army over and above what would be considered the norm for a reservist.

For 19 years committed and dedicated service to the Battalion Corporal Chambers is awarded of the Lord Lieutenant's Certificate for Meritorious Service.

LIEUTENANT COLONEL R HAWES – 201 (NORTHERN) FIELD HOSPITAL

Lieutenant Colonel Hawes' devotion to the provision of healthcare and its continuous improvement is second to none. Through her determination, dedication and tenacity to improve the care that traumatically injured patients receive at the roadside she has created a service that within its first year of existence has resulted in 18 lives being saved which includes, 9 people who would have died had the changes that Hawes introduced not been in place.

An Army Reservist of 16 years, Hawes is employed as a Consultant Anaesthetist with the Great North Air Ambulance Service as a Pre-Hospital Emergency Care doctor, flying to the scene of major accidents.

In 2011, she deployed on Op HERRICK 13 as an anaesthetist delivering healthcare of the highest standards within the internationally renowned Role 2 hospital. Despite having been 10 previous iterations of Op HERRICK Hawes demonstrated a perspicacity not shown by others to recognise that advancements in military medicine could be replicated in civilian healthcare and the single-mindedness to deliver it.

Through a thorough and detailed analysis of injuries suffered by servicemen, their treatment and ultimate outcomes Hawes recognised that one of the major contributing factors to injured personnel surviving the most serious of traumatic injuries was the presence of early blood transfusion for patients, delivered at the point of injury. This capability was delivered by the Medical Emergency Response Team via CH-47 Chinook helicopters that carried blood on board. It was this concept that Hawes developed into 'Blood on Board'.

With no such pre-existing civilian capability in the North East of England, Hawes had to translate a military concept into one that would succeed and be sustainable in an increasingly constrained National Health Service. This cannot be underestimated due to the Byzantine bureaucracy through which she was required to navigate.

Gaining agreement to proceed from each of the key partners, the Regional Blood Transfusion Service, the Newcastle Hospitals NHS Foundation Trust and the Great North Air Ambulance Service, was in itself a feat that tested her resilience severely. This culminated in the activation of the 'Blood on Board' capability in January 2015.

The 'Blood on Board' service transports blood from the Newcastle Hospitals NHS Foundation Trust to Great North Air Ambulance Service helicopters, located at strategic positions across the region. Lifesaving blood transfusions are delivered at the roadside within one hour of a transfusion being requested. An incredibly complex service with many moving parts and time-critical deadlines, Hawes conceived, planned, created and delivered this lifesaving service. The scale and complexity of this task would have overawed a lesser individual but was one that Hawes relished and excelled in. She has immersed herself into every part of the process to ensure that this service was a success and ensuring the patients receive the pinnacle of healthcare.

Lieutenant Colonel Hawes has had a profound, clearly demonstrable and long lasting effect on the provision of healthcare in the North, which will undoubtedly continue to save lives.

It is for her commitment and dedication to developing and introducing systems that have saved many lives that Lieutenant Colonel Hawes is awarded the Lord-Lieutenant's Certificate for Meritorious Service.

MAJOR J THOMPSON – 5 MILITARY INTELLIGENCE BATTALION

Major Jim Thompson took up the post of Officer Commanding 52 Military Intelligence (MI) Company in November 2014, the first Officer Commanding of this new sub-unit. He first enlisted into the Royal Military Police (Volunteers) in 1986. Having balanced a career in the Police with one in the Army Reserve for much of his professional life, Maj Thompson's commitment has not wavered. With retirement from the police recently he has extra time now to dedicate to his role within the Battalion, where he continues to go the extra mile for his officers and soldiers. He has shown the utmost dedication in the rank of Major; as OC 52 MI Coy (V), and consistently undertakes a 150-mile return journey on training nights. As Senior Volunteer of 5 MI Battalion, he regularly deputises for deployed OCs, even mobilising for 12 months to facilitate this. On assuming command of 52 MI Coy, he took on the significant task of maintaining effective management, administration and personnel development with very minimal manpower and support. The hours he has put in have been way beyond that expected of him as a Reservist. With his unfailing dedication to drill nights and centralised training (which have all involved extremely long journeys and hours), he has ensured that 52 MI Coy personnel have always had the administrative and personal support they require. Maj Thompson has also taken it upon himself to facilitate and support a spectrum of employer and community engagement events, in order to drive recruitment and raise his Company's local profile, forging strong links with the Armed Forces Champion and wider Gateshead Council.

Thompson's time in Coy Command marks the pinnacle of an extremely impressive, committed and distinguished Reserves career, Without his efforts, 52 Coy simply would not be in the state it is now. For his commitment and dedication he is awarded the Lord Lieutenant's Certificate for Meritorious Service.

LIEUTENANT COLONEL J CAMM - ROYAL GRAMMAR SCHOOL CCF

Lieutenant Colonel John Camm became a CCF officer 23 years ago at Judd School in Kent. He, as a qualified teacher of Physics, was persuaded by the schools Contingent Commander, Lieutenant Colonel Graham Stowell and the Headmaster, Mr Starling that becoming an officer in the CCF would be a great idea. John had no experience of the cadets nor the military; so he agreed to give it a go.

In 1993 Lt Camm moved to the Royal Newcastle Grammar School to take up a teaching position and become an officer in its CCF.

In 1995 when the then Contingent Commander left the school John agreed to become Contingent Commander, a position he held until he retired in 2016. Under his command the Contingent steadily grew to over 100 cadets, not counting the hundreds who had been cadets in the intervening years.

The time as contingent commander saw Lt Col Camm attend nearly every Friday parade night, weekend training sessions and conferences to help him with the Contingent. He attended 27 Annual Camps (Including 2 in Germany and 24 Easter training camps. He gave everything to his cadets.

In all of this, despite the pressures of his teaching position he remained dedicated and committed to his cadets and officers, with a good sense of humour and patience to mentor everyone to be better at what they did.

For his exemplary service to the cadets and adults of the Royal Grammar School CCF, Lt Col Camm is awarded the Lord Lieutenant's Certificate for Meritorious Service

CAPTAIN S HAYWOOD – WALKER TECHNOLOGY COLLEGE CCF

Captain Haywood has been the contingent commander at Walker Technology for over 10 years. He was instrumental in setting up the Contingent and its growth and popularity over the intervening years.

This has not been a smooth journey with the school under significant pressure of external agencies. Steve with the unwavering support of his head teacher, Mike Collier, the Cadet Contingent thrived and gave the cadets from the school an opportunity many would envy. Stephen has been described by his peers as an oasis of calm in the turbulent life of the school.

Steve is described as selfless and totally dedicated to the cadets and adults who are part of the contingent. He is always on the lookout for opportunities to enhance the offer he and the other adults offer to the cadets, which include adventure training packages and scuba diving, to name a couple.

Steve has often seen the good in students who have been “written off,” and never given up on them. He often ensures those cadets whose circumstances are not as fortunate as others do not go without and has been known to fund their requirements from his own pocket.

Stephen is an inspirational leader to the other adult members of the contingent and show the way through his mindset that puts the young people at the heart of everything they do.

The Walker Technology College CCF is strong and thriving today because of Stephen. It is for his dedicated service and commitment to give the cadets a first Class experience and give them opportunities to develop into good citizens that he is awarded the Lord Lieutenant’s Certificate for Meritorious service.

MR D HANSON – TS KELLY, SEA CADET CORPS

David Hanson joined Hebburn Sea Cadets, TS KELLY in 1963 as a Chief Petty Officer. As a former musician in the British Army, he was well equipped to form up and teach a unit Drum and Bugle Band, which he did using very limited resources.

His unswerving dedication in producing the best band within the Northern Area was rewarded when Hebburn Band became the National Sea Cadet Champions. Mr Hanson, not happy with just winning once at National Level, went on to produce a band that won eight times. On the back of these fantastic achievements, Hebburn Band was invited to perform at the Royal Tournament in London, which in its day was one of the true entertainments highlights of the year.

Former members of his National winning band meet every month and under Mr Hanson's direction perform at many local venues, reliving the glory days of the seventy's and eighty's.

Although David's real passion was for his band, and still is, he realised that the Sea Cadet Corps required much more, especially from dedicated adult volunteers, as he was. He quickly rose through the ranks, eventually reaching the rank of Lieutenant Commander (SCC) RNR. The many roles he undertook during his long and distinguished career was rewarded in 1984 when he was appointed Commanding Officer at the Hebburn Unit, a position he supported with the same passion that was evident from his early years within the Corps.

On retiring from Hebburn Sea Cadets, he was appointed as the first Northern Area Bandmaster, overseeing unit bands from Scotland, Northern Ireland and Northern England. After passing on his years of experience to Northern Area Bands, he realised that his real love of teaching his own band was what he really craved for, so in 2011 he returned to Hebburn Sea Cadets as their Bandmaster, the place where it all started.

Mr Hanson has continued to be a stalwart member of Hebburn Sea Cadets, building a band of ten Cadets to its present twenty six. He will, this year, his 80th year, be

taking his band back down to London to represent the unit in the National Band Contest once again.

After 53 years of dedicated service to the Sea Cadet Corps, in particular Hebburn Sea Cadets, Mr David Hanson is awarded for the Lord Lieutenants Certificate for Meritorious Service.

CAPTAIN I CRAMMOND – DURHAM ARMY CADET FORCE

Capt Crammond joined Durham Army Cadet Force into B Company in September 2009 having served in the Regular Army. He quickly made an impression with both his commitment and professional approach to the cadet force and, as a result soon became installed as a Detachment Commander at Sulgrave Detachment.

During his 4 years at Sulgrave he was commissioned and in 2014 moved to A Company and took on the appointment as the Company Training Officer. His impact was immediate, a round peg in a round hole his attention to detail and endeavour became his trademark. He attended a number of important training courses during this appointment which has honed his expertise in the ACF training world.

In 2016 he was promoted to Captain, staying within A Company but taking on the role of both the Company Training Officer and the Company second in command. He has absorbed the additional responsibilities without breaking stride and A Company continue to benefit from his professional approach to training.

Capt Crammond's commitment to Durham ACF remains unwavering, never was this better illustrated than when work commitments denied him his attendance at an Annual Camp for the first time. Unable to attend he remained in constant daily contact ensuring everything was running as he had planned.

Captain Crammond is an outstanding ACF Officer who has all the qualities to reach the very top should he choose. He thoroughly deserves this recognition this evening.

SECOND LIEUTENANT E METCALF – DURHAM ARMY CADET FORCE

2Lt Metcalf joined Durham ACF in October 2009 in B Company. She immediately made a good impression with her instructional ability and was awarded top student on her Initial Training Course in April 2010.

2Lt Metcalf had previously served as a cadet at Sunderland South Detachment from 1989 to 1993, at the time she was only one of ten girls in B Company. Some 16 years later, having married and raised a family, she decided to re-joined Durham ACF to make a difference to the young people in the area.

Soon after her appointment as a Sergeant Instructor, 2Lt Metcalf was appointed as Detachment Commander of Redhouse Academy School for two years until the Detachment closed. She was then tasked with taking over as Detachment Commander of Sunderland South Detachment where she started in 1989.

2Lt Metcalf found the time in her busy life to attend courses at Frimley Park plus the Duke of Edinburgh Award Leader's course. The cadets in her Detachment benefitted tremendously from her widening knowledge base and this was reflected in her cadet numbers increasing at the Detachment. A keen sportswoman she also took on the role as Company Sports Officer with great success.

2Lt Metcalf successfully completed the Cadet Force Commission Board and was commissioned in October 2015 and appointed as Detachment Commander of Washington School where she is making excellent progress.

2Lt Metcalf thoroughly deserves this recognition this evening.

STAFF SERGEANT INSTRUCTOR J G PETERS – NORTHUMBRIA ARMY CADET FORCE

SSI Peters has served in the Northumbria Army Cadet Force for over eight years. During his outstanding service with the Army Cadet Force he has demonstrated dedication, aptitude and imagination in his approach to the cadets and cadet activities. Throughout his service he has held a number of appointments including Detachment Instructor, County Public Relations Officer (PRO) and his present appointment as CQMS Z Company.

Due to his hard work as PRO he helped establish the County's reputation as a robust, thriving and respected youth organization within the County. As Company Quartermaster Sergeant, Z Company, he quickly came to terms with his role, demonstrating that his administrative and organising skills are excellent. His ability to cope with the varied and awkward challenges set by post is handled with a large dose of common sense and appropriate humour. These achievements came about by his enthusiasm and selfless commitment.

SSI Peters is a highly motivated instructor who volunteers to carry out extra duties above the requirements of his role. He has a refreshing sense of humour which he uses to get the best out of both Adults and cadets.

For his dedicated and committed service to Northumbria Army Cadet Force SSI Peters is highly awarded for the Lord Lieutenants Certificate for Meritorious Service.

WARRANT OFFICER C MAUGHAN – DURHAM/NORTHUMBERLAND WING, AIR TRAINING CORPS

Warrant Officer Maughan joined the Air Training Corps in 1997 and left cadet service on reaching the upper age limit.

In 2004 she volunteered as a Civilian Instructor and was appointed to 1509 (Blaydon) Squadron. Christine quickly brought her skills to the fore on what was a struggling squadron taking on executive posts with administration and training and assisting the small staff team with rebuilding the squadron.

Her enthusiasm capability and drive were quickly recognised and she was appointed to uniform service in 2007 with the rank of Sergeant and has progressed steadily through the ranks being appointed Warrant Officer 2015.

A leading member of 1509 (Blaydon) Squadron, Warrant Officer Maughan has responsibility for providing and delivering an effective training programme for cadets.

WO Maughan has developed a passion for the Duke of Edinburgh's Award Scheme where she has been inspiring, enthusing and motivating cadets to undertake the award and successfully delivering an effective D of E program within her squadron and at Wing level, playing an active part in wing expeditions and assessing gold expeditions. She has personally supported hundreds of cadet's from across the Durham/Northumberland Wing achieve awards.

WO Maughan has gained numerous qualifications in adventurous training and delivers high quality activities at Squadron and Wing level She has fully utilised these skills to deliver week long training courses at the Air Cadets National Adventure Training Centres in Llanbedr and Windermere on an annual basis.

Warrant Officer Maughan dedicates much of her time to young people's development in the Air Training Corps balanced against a fulltime job as a Regional Merchandiser for Cotswolds Co. that involves her working across the whole of the

United Kingdom. Her dedication and devotion to the organisation is second to none and is thoroughly deserving of recognition.

For her dedicated service, not only to her squadron but also to the wing Christine Maughan is awarded the Lord Lieutenants Certificate for Meritorious service.

RECIPIENTS OF HEADQUARTERS
4TH INFANTRY BRIGADE COMMANDER'S COIN

CADET SERJEANT L KNIGHT, DURHAM ARMY CADET

At around 8.50am on Monday 3rd October 2016, Lewis was on his way to sixth form from Durham bus station. He was on his way via the shop when a young girl came rushing up to Lewis and said that someone was having a seizure and had fallen down some stairs. Lewis then rushed 100 meters to where Lydia was, dropped his bag and approached the scene. There was a large group of students standing doing nothing and a security guard who appeared to have frozen. Lewis made his way through the crowd to assess what was happening. He stated that he was a first aider and was here to help. A friend was holding her head, she was still having the seizure and Lewis took off his jumper and placed it under her head, he also moved her legs as they were banging off some steel railings at the entrance to the stair case.

He carried out the primary survey and established that she was breathing. He asked her friend if she has had a seizure before, she had and said that there was no need to call an ambulance unless it lasts more than 5 minutes her friend informed. Lewis made a note of the time and when the seizure was still going on longer than 5 minutes, he asked the security guard to call 999 and ask for an ambulance. He then placed on her side and assessed her breathing, her breaths were shallow and Lewis explained he could hardly hear or feel her breaths. He informed the operator of her breathing rate and they advised him to commence CPR. He rolled her onto her back and began chest compressions, after around 20 compressions her breathing improved for around 10 seconds and the operator again advised him to commence CPR as the breathing had stopped once again. The security guard had brought an Automated External Defibrillator and the 999 operator advised him to open it up and start placing the pads on her chest just in case which he did so immediately. In total he had given around 3 cycles of chest compressions. He explained that her breathing was extremely shallow and was drifting in and out of consciousness, he then when confident that her breathing was as normal as possible, placed her in the recovery position.

After 25 minutes the paramedics arrived, Lewis then stepped back and they took over. She was still completely out of it he explained and he could see her eyes rolling even after the 25 minutes. She then went off to University Hospital Durham and made a full recovery.

I feel that Lewis took charge of a difficult situation and commenced CPR in very difficult circumstances as he was unsure that he should start chest compressions, it was on the instructions of the 999 operator that he did so. Despite there been a large group of students, Lewis immediately took charge of this situation ensuring that Lydia came to no further harm as a result of her seizure which is extremely commendable. He then went onto sixth form and his day as planned. The deputy head had heard of Lewis' actions and explained in more detail the type of condition Lydia has, which if it happens again at school, he knew exactly what to do.

For his actions Cadet Serjeant Knight has been awarded the 4th Infantry Brigade Commander's Coin.

CADET M GAINS, NORTHUMBRIA ARMY CADET FORCE

On 5th January 2017 a serious traffic accident occurred outside Sacred Heart School in Newcastle Upon Tyne. A student at the school was involved in a collision with a bus. Cadet Maddie Gains, from Northumbria ACF, saw her friend seriously injured in the collision.

Despite the circumstances Maddie remained calm and administered essential first aid to her friend. This early intervention by Maddie made a huge difference to the wellbeing and the outcome for her friend; who is now recovering from the accident.

A member of the public who witnessed the incident and Maddie's essential proactive behaviour wrote to her Commandant stating:

“I am contacting you regarding a cadet in Northumbria ACF who recently showed extreme bravery and presence of mind during a very traumatic experience. We have praised her bravery and ability to cope with such a difficult situation at school but I am sure the cadet force will also want to recognise her for using her skills and training to such effect.”

Maddie showed the exceptional resilience, courage and presence of mind in a pressured and emotional situation to administer potentially life-saving first aid.

For her courageousness and timely proactive action Cadet Maddie Gains is awarded the 4th Infantry Brigade Commander's Coin.

HER MAJESTY'S LORD-LIEUTENANT'S CADETS FOR 2017

CADET LANCE CORPORAL KAITLIN SHACKLETON, TS TYNE SEA CADET CORPS

Kaitlin joined Newburn Sea Cadets at 10 years old and has been a member of that unit for over 6 ½ Years. In that time she transferred to the Marine Cadet Unit when the offer was introduced 2 ½ years later. She joined as her cousin was also a Sea Cadet and Kaitlin learned about the range of opportunities from them. Since joining Kaitlin has completed Sailing and Field Craft courses and is a qualified drill leader in the unit. Kaitlin has been the Guard Commander for Northern Area ceremonies during 2016 and also the champion cadet in her unit.

The highlight of her time to date in the Sea Cadets was a week spent on HMS Ocean in 2015 with 50 other Cadets learning about life at sea in the Royal Navy.

Kaitlin is currently at 6th Form studying for A levels. After year 13 she is hoping to apply to join the Royal Navy as a Warfare Officer.

CADET SERGEANT NATHAN WILKINSON, SULGRAVE DETACHMENT, DURHAM ARMY CADET FORCE

Nathan joined the Sulgrave Detachment with his friend Cadet Corporal Owen Wilkinson, 4 years ago. Since then he has taken every opportunity to progress and develop that he can. He likes the challenges the Cadets bring and these have often tested his resilience. He believes these have given him skills that set him apart from his peers. He is now looking towards becoming a Cadet Staff Sergeant and completing the Master Cadet Course this year.

Outside of cadets Nathan helped his mum raise £500 for her entry into the Great North Run. He is a keen boxer and is a committed member of the High Fell Amateur Boxing Club.

Nathan wishes to complete his school studies before progressing onto an apprenticeship. After this he is looking to join the Army, REME in particular.

**CADET CORPORAL OWEN WILKINSON,
SULGRAVE DETACHMENT, DURHAM ARMY CADET FORCE**

Owen is a member of the Sulgrave ACF Detachment. He joined 4 years ago with his school friend Nathan Wilkinson; who is also a Lord Lieutenant's Cadet this year! Being a cadet has come with some significant challenges for Owen. Through the camaraderie and help from adult and cadets he overcame these and says he has grown as a person. Owen aspires to become a Cadet Staff Sergeant and complete the Master Cadet Course this year. He is interested in the leadership aspects of the cadet experience.

Outside cadets Owen is a competitive skier and moto-cross cyclist. For the latter he has competed at GB level with the British Youth team.

Once he leaves school Owen wishes to take up an apprenticeship in product design engineering. His long term aspiration is to join the Royal Engineers.

**CADET FLIGHT SERGEANT AKINME AKINGBADE ATC
NUMBER 131 (CITY OF NEWCASTLE) SQUADRON,
DURHAM/NORTHUMBERLAND WING, AIR TRAINING CORPS**

Akinme has been an air cadet for 5 years having joined after seeing the opportunities his brother had in the Air Cadets. He also has a desire to fly aircraft. He is the senior cadet in his Squadron and often mentors the younger cadets, using the leadership skills he has developed during his time in the Squadron.

A keen musician Akinme was a member of the Newcastle Cathedral and is now the Wing Band Deputy Sergeant. He plays the violin within the band. Last year the Wing Band won the National Air Cadets Marching band competition. Testament to the leadership skills and personal qualities Akinme has developed within the Air Cadets.

As a student of the Royal Grammar School Akinme is also an Army Cadet in their CCF. If this isn't enough he also leads the schools acapella choir.

Akinme is currently in year 13 and is to complete his A Levels this summer. After finishing at school he hopes to gain some industrial experience on placement for a year, before reading aerospace engineering at Sheffield University.

**CADET FLIGHT SERGEANT GEORGE BINFIELD
NUMBER 2344 (LONGBENTON) SQUADRON,
DURHAM/NORTHUMBERLAND WING, AIR TRAINING CORPS**

George joined the Air Cadets over 4 years ago and is now a staff Cadet. During these 4 years he has flown in both powered and non-powered aircraft and completed the Air Cadets Leadership Course and RAF Cranwell. He was a finalist in the Duke of Westminster's Award last year, something of which he is proud. This year George is completing his Gold Duke of Edinburgh and is looking forward to being presented the award at St James' Palace.

Currently George is studying for his A Levels before going on to university to read Mathematics and aspires to complete a PhD in Maths after his degree.

Outside of Cadets George plays basketball for a local team and volunteers to mentor maths in a local primary school.

**CADET FLIGHT SERGEANT REBECCA WALLEY,
NUMBER 607 (WEARMOUTH) SQUADRON, DURHAM/NORHUMBERLAND
WING, AIR TRAINING CORPS**

Rebecca has been a member of the Wearmouth Squadron for 5 years. She is a committed member who sets a first class example to the cadets who are younger than her. IN cadets her passion is shooting and has represented GB at U19 age group. She is a keen skier and cites learning to ski as a memorable achievement. This year Rebecca hopes to complete her Duke of Edinburgh Gold award, with only the expeditions to complete.

.This year she hopes to succeed with her applications for a flying scholarship and to go on an exchange to Australia.

Rebecca hopes to go to University to study for an adult nursing degree. Her aim after that is to become a nursing officer in the RAF.

HMS CALLIOPE



Tyneside Royal Naval Reserve unit: HMS CALLIOPE, situated on the South Bank of the River Tyne in a prominent quayside site in the shadow of the iconic Tyne Bridge, the Sage and the Baltic Centre, is the principal RNR unit in the North of England recruiting from the Scottish Border to North Yorkshire and westwards to the Cumbrian Coast. Its role is to generate, administer and maintain sufficient suitably qualified and experienced reservists ready to mobilise from Readiness to reinforce the Royal Navy. Required to grow within the Future Reserves 2020 programme, the focus is on recruiting and initial training, while administering trained personnel and maintaining operational capability through delivery of Core Maritime Skills training. The unit has strong Divisions of Seaman Specialists, trained to serve in patrol craft, Logisticians, providing Forward Logistic Support to deployed Task Groups, and Information Warfare personnel providing Intelligence, Information Operations and Maritime Trade support. As the largest RN unit on the North East coast of England with associated warship berths and a Helicopter Landing Site, it has a key role in regional engagement.

History: Tyne Division was one of the original Royal Naval Volunteer Reserve units formed on 1 Apr 1905. It moved into its Drill Ship, the Calypso class cruiser HMS CALLIOPE, famous survivor of the 1889 Apia Hurricane, moored at Elswick, Newcastle on 29 Oct 1907. A tender, HMS SATELLITE was moored at South Shields, until 1956. The Drill Ship was renamed HMS HELICON during the period 1914 – 1931, while the name CALLIOPE was used for a 'C' Class cruiser, which participated in the Battle of Jutland. HMS HELICON was a depot ship for the RN Division in the First World War and 18,000 local men were mobilised through it; the colours of Hood and Hawke Battalions of the RN Division are laid up in the Cathedral Church of St Nicholas, Newcastle. Tyne Division RNR personnel also served in the Grand Fleet, and were mobilised through CALLIOPE to join the Fleet in the Second World War. The original HMS CALLIOPE hull was replaced by the sloop, HMS FALMOUTH, renamed HMS CALLIOPE, in 1951 and the unit moved ashore to its present site in 1968. The principal output of the unit during the Cold War was minesweeper crews, successively in HM Ships NORTHUMBRIA, CROFTON and ORWELL until 1994. HMS CALLIOPE was expanded in 1989, and following an 18 month refit completed in 2016, is now the base for the Tyneside RNR unit, Tyne Detachment of RMR Scotland, Northumbrian URNU, HMS EXAMPLE, Defence Technical Undergraduate Scheme Trojan Squadron, Naval Regional Command North of England Sub Office and the Tri Service Area Careers and Information Office.



HER MAJESTY'S LORD-LIEUTENANT'S CERTIFICATES

The Lord-Lieutenants of the four Counties in the Association area present Certificates annually for good service to officers and members of Independent and Specialist Units of the Reserve Forces and to adults of the Sea Cadet Corps, Army Cadet Force and Air Training Corps. Those nominated must have at least 7 year's outstanding service and be serving on the day the recommendations is made.

CADET FORCES

The Sea Cadet Corps, Army Cadet Force and Air Training Corps are voluntary youth organisations sponsored and funded by Ministry of Defence. There are some 5,000 cadets and over 1,300 adult volunteers throughout the North East. The three Cadet Forces need adult men and women as leaders and potential officers. Military experience is not required, although it does help, and adults receive all the training they need.

4th INFANTRY BRIGADE COMMANDER'S COIN

The Brigade Commander's coin is awarded to two Cadets this evening who have demonstrated exceptional leadership, initiative and resilience in upholding the Army's Values and Standards in their everyday lives.

ARMY CADET FORCE MASTER CADET AWARDS

The Master Cadet Course was introduced in 1989 to advance to the leadership, instructional and administrative abilities of post 4-star cadets. The course is held at Cadet Training Centre Frimley Park in Surrey. Passing the course makes the candidate eligible to be appointed as a Master Cadet.

ARMY CADET FORCE FOUR STAR PROFICIENCY AWARDS

Cadet activities are Army orientated and both male and female cadets are trained by means of the Cadet Syllabus, or Army Proficiency Certificate. The APC is completed in four stages and at each stage of completion Cadets are awarded a 'star' badge to wear on their uniform. The syllabus contains subjects such as field craft, map reading, compass skills, shooting, range safety, care of weapons, first aid, lifesaving skills and the Duke of Edinburgh's Award Scheme at Bronze, Silver and Gold levels. 4 Star Cadets also have to obtain an Essential of First Aid Certificate and must complete a 20-mile foot expedition.

BTEC LEVEL 2 DIPLOMAS IN TEAMWORK AND PERSONAL DEVELOPMENT IN THE COMMUNITY

Business and Technology Education Council (BTEC) First Diplomas are administered by the Cadet Vocational Qualification Organisation (CVQO), which is a registered charity, accredited by Edexcel, City & Guilds and the Institute of Leadership and Management, responsible for managing internationally recognised Vocational Awards for members of all of the Cadet Forces. CVQO is dedicated to helping both cadets and instructors of the cadet forces get ahead personally and professionally. The qualifications on offer have been designed to show employers and educators the wide range of skills that young people and adults learn in the Cadet Forces and mix theory and practical elements with an emphasis on leadership, teamwork, communications, problem solving and fitness. The First Diploma for cadets is equivalent to 4 GCSEs standard grades at A* to C levels', which are now being recognised by colleges and universities, and AIs can gain up to the equivalent of a Level 6 Graduateship Award.

HER MAJESTY'S LORD-LIEUTENANT'S CADETS

The Lord-Lieutenants of Durham, Northumberland, Tyne & Wear and North Yorkshire have approved the appointment of Lord-Lieutenant's Cadets to represent their Cadet Force and assist with Royal and other official duties for one year. One or two Cadets are selected from each of the three Cadet Forces in the County – the Sea Cadet Corps, the Army Cadet Force and the Air Training Corps – depending on the anticipated number of duties. The Cadets have been chosen by virtue of their outstanding performance as a cadet, personal qualities and contribution to their local communities and the aims and spirit of their respective Cadet Force.